**Biblical Remedies – The Benefits of Figs**

**3 John 2 – “Beloved, I wish above all things that thou mayest prosper and be in health, even as they soul prospereth.”**

**Matthew 4:4 – “Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.”**

**“Every person should have a knowledge of nature's remedial agencies and how to apply them.** It is essential both to **UNDERSTAND** the principles involved in the treatment of the sick and to **have a practical training** that will enable one rightly to use this knowledge.” {MH 127 .2}

**BIBLE EXAMPLES FOR HEALING:**

**1st Example: 2 Kings 4: 9-36**

**9** And she said unto her husband, Behold now, I perceive that this is an holy man of God, which passeth by us continually.

**10** Let us make a little chamber, I pray thee, on the wall; and let us set for him there a bed, and a table, and a stool, and a candlestick: and it shall be, when he cometh to us, that he shall turn in thither.

**11** And it fell on a day, that he came thither, and he turned into the chamber, and lay there.

**12** And he said to Gehazi his servant, Call this Shunammite. And when he had called her, she stood before him.

**13** And he said unto him, Say now unto her, Behold, thou hast been careful for us with all this care; what is to be done for thee? wouldest thou be spoken for to the king, or to the captain of the host? And she answered, I dwell among mine own people.

**14** And he said, What then is to be done for her? And Gehazi answered, Verily she hath no child, and her husband is old.

**15** And he said, Call her. And when he had called her, she stood in the door.

**16** And he said, About this season, according to the time of life, thou shalt embrace a son. And she said, Nay, my lord, thou man of God, do not lie unto thine handmaid.

**17** And the woman conceived, and bare a son at that season that Elisha had said unto her, according to the time of life.

**18** And when the child was grown, it fell on a day, that he went out to his father to the reapers.

**19** And he said unto his father, My head, my head. And he said to a lad, Carry him to his mother.

**20** And when he had taken him, and brought him to his mother, he sat on her knees till noon, and then died.

**21** And she went up, and laid him on the bed of the man of God, and shut the door upon him, and went out.

**22** And she called unto her husband, and said, Send me, I pray thee, one of the young men, and one of the asses, that I may run to the man of God, and come again.

**23** And he said, Wherefore wilt thou go to him today? it is neither new moon, nor sabbath. And she said, It shall be well.

**24** Then she saddled an ass, and said to her servant, Drive, and go forward; slack not thy riding for me, except I bid thee.

**25** So she went and came unto the man of God to mount Carmel. And it came to pass, when the man of God saw her afar off, that he said to Gehazi his servant, Behold, yonder is that Shunammite:

**26** Run now, I pray thee, to meet her, and say unto her, Is it well with thee? is it well with thy husband? is it well with the child? And she answered, It is well:

**27** And when she came to the man of God to the hill, she caught him by the feet: but Gehazi came near to thrust her away. And the man of God said, Let her alone; for her soul is vexed within her: and the LORD hath hid it from me, and hath not told me.

**28** Then she said, Did I desire a son of my lord? did I not say, Do not deceive me?

**29** Then he said to Gehazi, Gird up thy loins, and take my staff in thine hand, and go thy way: if thou meet any man, salute him not; and if any salute thee, answer him not again: and lay my staff upon the face of the child.

**30** And the mother of the child said, As the LORD liveth, and as thy soul liveth, I will not leave thee. And he arose, and followed her.

**31** And Gehazi passed on before them, and laid the staff upon the face of the child; but there was neither voice, nor hearing. Wherefore he went again to meet him, and told him, saying, The child is not awaked.

**32** And when Elisha was come into the house, behold, the child was dead, and laid upon his bed.

**33** He went in therefore, and shut the door upon them twain, and prayed unto the LORD.

**34** And he went up, and lay upon the child, and put his mouth upon his mouth, and his eyes upon his eyes, and his hands upon his hands: and stretched himself upon the child; and the flesh of the child waxed warm.

**35** Then he returned, and walked in the house to and fro; and went up, and stretched himself upon him: and the child sneezed seven times, and the child opened his eyes.

**36** And he called Gehazi, and said, Call this Shunammite. So he called her. And when she was come in unto him, he said, Take up thy son.

**Q: WHAT WOULD YOU CALL WHAT ELISHA DID FOR THIS BOY?**

**A: Mouth to mouth resuscitation**

**Q: HOW MANY OF US KNOW HOW TO PERFORM MOUTH-TO-MOUTH RESUSCITATION AND/OR CPR?**

\*\*\*If we don't, as Medical Missionaries, **it is highly recommended that each one of us get trained in this area.** If you can't afford to pay for such a class, you can read The Natural Remedies Encyclopedia on pages 753-757 (4th & 5th Edition); pages 991-999 (7th Edition).

**2ND EXAMPLE: 2 Chronicles 16:12-13**

**12** And Asa in the thirty and ninth year of his reign was diseased in his feet, until his disease was exceeding great: yet in his disease he sought not to the LORD, but to the physicians.

**13** And Asa slept with his fathers, and died in the one and fortieth year of his reign.

**2 Kings 20:1-7**

**1** In those days was Hezekiah sick unto death. And the prophet Isaiah the son of Amoz came to him, and said unto him, Thus saith the LORD, Set thine house in order; for thou shalt die, and not live.

**2** Then he turned his face to the wall, and prayed unto the LORD, saying,

**3** I beseech thee, O LORD, remember now how I have walked before thee in truth and with a perfect heart, and have done that which is good in thy sight. And Hezekiah wept sore.

**4** And it came to pass, afore Isaiah was gone out into the middle court, that the word of the LORD came to him, saying,

**5** Turn again, and tell Hezekiah the captain of my people, Thus saith the LORD, the God of David thy father, I have heard thy prayer, I have seen thy tears: behold, I will heal thee: on the third day thou shalt go up unto the house of the LORD.

6 And I will add unto thy days fifteen years; and I will deliver thee and this city out of the hand of the king of Assyria; and I will defend this city for mine own sake, and for my servant David's sake.

**7** And Isaiah said, Take a lump of figs. And they took and laid it on the boil, and he recovered.

**Q: WHAT DOES THE PROPHET OF THE LORD SAY REGARDING THIS REMEDY?**

**A: “A Poultice of Figs for Hezekiah. --** When Hezekiah was sick, the prophet of God brought him the message that he should die. The king cried to the Lord, and **the Lord heard him, and sent the promise that fifteen years should be added to his life.** One word from God, one touch of the divine finger, would have been enough to cure Hezekiah instantly. But instead, he was given directions to make a poultice of figs, and lay it upon the part affected. This was done, and Hezekiah was restored to health. **It would be well to treasure this prescription which the lord ordered to be used, more than we do.”**

--Manuscript 29, 1911 (General Manuscript). {2SM 300 .1}

**Q: WHY FIGS?**

**A: Figs apparently have a derivative of benzaldehyde.** It has been reported that investigators at the Institute of Physical and Chemical Research in Tokyo say benzaldehyde is highly effective at shrinking tumors, though I haven't seen this report. In addition, the U.S. Department of Agriculture says figs, which contain vitamins A and C, and calcium, magnesium and potassium, **may curtail appetite and improve weight-loss efforts.** **Fig juice is also a potent bacteria killer in test-tube studies.**

**OTHER THINGS FIGS ARE GOOD FOR:**

Bacteria

Boils

Bone Problems

Cardio-Vascular Problems

Diabetes

Fighting Infection

High Blood Pressure

Lung Problems

Macular Degeneration

Skin Problems

Tumors

Warts

Much, Much More

**OTHER USES FOR FIGS CAN BE FOUND AT THE FOLLOWING LINKS:**

<http://www.whfoods.com/genpage.php?tname=foodspice&dbid=24>

<http://www.botanical-online.com/medicinalsfigueraangles.htm>

**My blog link:**

<http://ravishingrecipesandhealthfacts.blogspot.com/2017/11/biblical-remedies-benefits-of-figs.html>

<https://ravishingrecipesandhealthfacts.blogspot.com/2019/12/biblical-remedies-benefits-of-figs.html>